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| **Contra Costa College** |

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| **Course Outline** |

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| **Department & Number** | Dance 164b | **Weeks per term** | 18 |
| **Course Title** | Intermediate Ballet | **Lecture Hours per term** |  |
| **Prerequisite** | Dance 164A | **Lab Hours per term** | 27-108 |
| **Co-requisite** |  | **\*HBA per term** |  |
| **Prerequisite or concurrently** |  | **Units** | .5-2 |
| **Challenge Policy** | Demonstration of appropriate skill to instructor |  |  |
| **Advisory** |  |

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| **\*HOURS BY ARRANGEMENT:** | |  | Hours per term. |
| **ACTIVITIES:** (Please provide a list of the activities students will perform in order to satisfy the HBA requirement): | | | | |
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| **COURSE DESCRIPTION** |

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| This course is designed to teach students intermediate ballet positions for the body, arms, and feet. Students will acquire a range of technical skills that include strength, agility, and flexibility training. Classes will focus on the barre, center floor and movement combinations. Students will also learn classical dance terminology. |

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| **COURSE OBJECTIVES** | |
| At the completion of the course the student will be able to: | |

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| Demonstrate the following intermediate ballet dance movements/skills: releve battermemenns prappes, petite battements sur le cue-de pied, battermens relevens lentsysoand arabesque 2 |
| Demonstrate ballet movement combinations |
| Demonstrate classical dance terminology for ballet |
| Demonstrate strength, agility and flexibility |

**COURSE CONTENT:** (In detail; attach additional information as needed and include percentage breakdown)

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| 10 | **%** | Classical dance terminology |
| 20 | **%** | Learning the following specific ballet movements and combinations: : releve battermemenns prappes, petite battements sur le cue-de pied, battermens relevens lentsyso and arabesque 2 |
| 70 | **%** | Learning ballet technique at the barre and center floor |

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| **METHODS OF INSTRUCTION** |

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| Demonstration | |
| Lecture | |
| Video analysis | |
| **INSTRUCTIONAL MATERIALS** | |

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| **Textbook Title:** | Step by Step Ballet Class |
| **Author:** | The Royal Academy of Dancing |
| **Publisher:** | McGraw Hill |
| **Edition/Date:** | 2nd 1993 (latest edition) |

**NOTE:** To be UC transferable, the text must be dated within the last 5 years OR a statement of justification for a text beyond the last 5 years must be included.

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| **COURSE EXPECTATIONS** (Use applicable expectations) |

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| **Outside of Class Weekly Assignments** | **Hours per week** |

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| Weekly Reading Assignments | 1-2 |
| Weekly Writing Assignments |  |
| Weekly Math Problems |  |
| Lab or Software Application Assignments |  |
| Other Performance Assignments | 1-2 |

**STUDENT EVALUATION**: **(Show percentage breakdown for evaluation instruments)**

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| 70 | **%** | Demonstration of dance combinations |
| 20 | **%** | Execution of dance skill |
| 10 | **%** | Written assignment |

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| **GRADING POLICY (Choose LG, CR/NC, or SC)** |

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| x | **Letter Grade** |  | **Pass / No Pass** |  | **Student Choice** |
| 90% - 100% = A | | 70% and above = Pass | | 90% - 100% = A |
| 80% - 89% = B | | Below 70% = No Pass | | 80% - 89% = B |
| 70% - 79% = C | |  | | 70% - 79% = C |
| 60% - 69% = D | |  | | 60% - 69% = D |
| Below 60% = F | |  | | Below 60% = F |
| *or* |
| 70% and above = Pass |
| Below 70% = No Pass |

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| **Prepared by:** | Rudy Zeller |

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| **Date:** | Fall 2013 |

*Form Revised 01/13*